

JANUARY 16 - 18, 2026

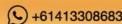
The Next Evolution In Facial Aesthetics

















# WORLD CONGRESS BANGKOK, THAILAND JANUARY 16 - 18, 2026

The Next Evolution In Facial Aesthetics

FACE by FATS – The Next Evolution in Facial Aesthetics Advancing Science. Shaping Aesthetics.

**FACE by FATS** is a premier international conference born from the renowned Forum of Adipose Tissue and Stem Cell (FATS), dedicated to the science and artistry of facial aesthetics.

Building on the foundation of regenerative innovation, **FACE by FATS** expands the conversation—bringing together world-leading experts to explore the full spectrum of facial aesthetic procedures, from minimally invasive to advanced surgical techniques.

This highly curated event offers a unique platform for education, collaboration, and innovation—uniting plastic surgeons, facial plastic surgeons, dermatologists, and aesthetic practitioners who are setting new standards in patient care and outcomes.

As a sponsor, you'll have the unique opportunity to align your brand with a forward-thinking, highly engaged community of medical professionals who are shaping the next evolution in aesthetic treatment. FATS events are renowned for their scientific depth, clinical relevance, and strong focus on innovation—making them an ideal platform to showcase your products, technologies, and thought leadership.





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**The Next Evolution In Facial Aesthetics** 

## Why Sponsor FACE by FATS?

As a sponsor, you'll gain exclusive access to a global community of decision-makers and key opinion leaders who actively shape the direction of aesthetic medicine. This is your opportunity to:



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Gain year-round visibility



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Join us in redefining the landscape of aesthetic and regenerative medicine in the upcoming **FACE by FATS Bangkok 2026**. Together, we can drive progress, spark new ideas, and deliver better outcomes for patients worldwide.

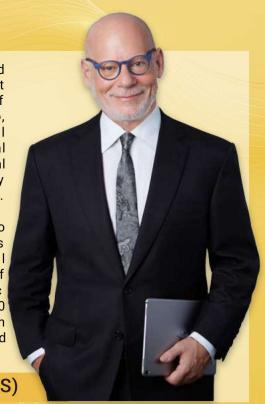




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Dr. Steven R. Cohen is an internationally acclaimed plastic surgeon, innovator, entrepreneur, and artist based in La Jolla, California. A Clinical Professor of Plastic Surgery at the University of California, San Diego, he is renowned for his pioneering work in craniofacial and aesthetic surgery. Dr. Cohen invented the first internal craniofacial distraction device, performed the first neonatal mandibular distraction, and co-developed early cloud-based medical software through LeonardoMD.

With a career spanning cardiovascular surgery to regenerative aesthetics, he has led advancements in fat grafting, nanofat technology, and stem cell applications in facial rejuvenation. He is the recipient of the Tiffany Award from the American Society for Aesthetic Plastic Surgery and has authored over 170 publications and textbooks. Beyond medicine, Dr. Cohen is also a dedicated artist with works exhibited internationally, donating proceeds to charitable causes.



DR. STEVEN R. COHEN (UNITED STATES)



**Dr. L. Mike Nayak** is an internationally recognized, published authority in Facial Plastic and Reconstructive Surgery. Having studied at Yale, Washington University, and Harvard, Dr. Nayak went on to achieve certification by 3 separate boards: the American Board of Otolaryngology/Head and Neck Surgery, the American Board of Facial Plastic and Reconstructive Surgery, and the American Board of Cosmetic Surgery. He practices in St. Louis, MO, alongside 15 esthetician, nurse, midlevel, and physician providers in a 50+ employee office.

DR. L. MIKE NAYAK (UNITED STATES)

Dr. Francisco G. Bravo became a member of the Royal College of Physicians of Madrid in 1996, undertaking his plastic surgery training both in across Madrid, Barcelona, Paris, London, New York and Rome. After completing a Clinical Microsurgery Fellowship at the New York University Medical Center's Institute of Reconstructive Plastic Surgery, under Department Chair Dr. Joseph McCarthy. Dr. Bravo returned to Europe as Consultant Plastic Surgeon at the Erasmus Medical Center in Rotterdam. He later settled in Madrid to become Program Director of Plastic Surgery at one of the largest surgical centers in Spain, the Doce de Octubre University Hospital, where he also served as Associate Professor of Surgery at the Complutense University Medical School. He later shifted focus to his private practice after opening his clinic with an integrated operating suite in central Madrid.



DR. FRANCISCO G. BRAVO (SPAIN)



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A board-certified plastic surgeon since 1985, he has held prominent leadership roles including Chairman of Surgery at Bhumibol Adulyadej Hospital (2005–2009), President of OSAPS (2014–2016), and ISAPS National Secretary (2018–2022). Currently, he is the Director and Founder of Bangkok Skin-Plastic Surgery Center and serves on multiple professional boards. He has authored numerous publications in aesthetic surgery, especially on facial rejuvenation and eyelid surgery. His work has earned several awards, including the 2024 PRS Best Paper Award.

# DR KAMOL WATTANAKRAI (THAILAND)

**Dr. Kidakorn Kiranantawat, MD, FRCST** is a board-certified plastic and general surgeon based in Bangkok, Thailand. He currently serves as an Associate Professor and Consultant Plastic Surgeon at the Faculty of Medicine, Ramathibodi Hospital, Mahidol University. He is also the founder and head of plastic surgery at The Image Medical Aesthetic Centre and a consultant at Bumrungrad International Hospital.

He holds several leadership roles, including: Secretary General of the Society of Aesthetic Plastic Surgeons of Thailand (2022–2024) Board member of ThPRS, ThSAPS, and the Rhinoplasty Society of Asia National Secretary for OSAPS and Council Delegate for APRAS International member of ASPS and ISAPS

Postgraduate Training:

Visiting scholar in the U.S. under renowned plastic surgeons (2017)

Fellowship in advanced microsurgery and lymphatic surgery in Taiwan (2013–2014)

Board-certified in plastic surgery (2010) and general surgery (2008) from Mahidol University Dr. Kidakorn is highly regarded for his leadership and international training in aesthetic and reconstructive surgery.



# DR. KIDAKORN KIRANANTAWAT (THAILAND)

Dr Kim Siea Lee is a British trained Plastic surgeon from Penang, Malaysia. He qualified as plastic surgeon in 1996 and he has been practicing as a consultant plastic surgeon for more than 28 years.

He graduated from University of Malaya in 1986. After going through various postings, he obtained his post graduate Diploma in general surgery from the Royal College of Surgeons of Edinburgh in 1990. In 1992, he went to United Kingdom for his specialist training in Plastic surgery. In 1996 he was awarded Diploma in Plastic Surgery by the Royal College of Surgeons of England.

Dr Lee has always been in the forefront of cosmetic surgery. He is well known for his work in fat grafting to both face and breasts where he advocates the use of stem cells enriched fat for grafting and also in combination with implants for better aesthetic results. He is also active in training and teaching, speaking in many international medical meetings and conferences, performing live demonstration for fillers and toxin and live surgeries.



He was the first chairman of The Asia Aesthetic Breast Council, past secretary general of Malaysian Association of Plastic Aesthetic and Craniomaxillofacial surgeons. In addition, he is a member of a number of Plastic surgery related Societies. He was listed in the Malaysia's Whose who in 2013/14. In January 2016, he was chosen to receive the prestigious CHT award for the pursuit of excellent in Aesthetic Surgery

He is currently working in his clinic (The M Clinic) in both Kuala Lumpur and Georgetown, Penang, he is also an associate consultant in a few Hospitals in Penang and Kuala Lumpur. He is a senior faculty member of the Allergan Medical Institute and regional trainer for Allergan, trainer for fat grafting and APTOS threads.

DR LEE KIM SIEA (MALAYSIA)





M.D. Mia Shirakabe, Plastic Surgeon.

A specialist in aesthetic and reconstructive plastic surgery. Graduated from Teikyo University School of Medicine, Japan.Completed residency in the University of Tokyo Hospital. In 2010, joined the Department of Plastic Surgery at Shonan Kamakura General Hospital. In 2020, joined Sapho Clinic and appointed Vice Director in 2022. Currently working at both institutions. Member of JSAPS and JSAS.

DR. MIA SHIRAKABE (JAPAN)

Dr. Kritsada Kowitwibool is a leading facial plastic surgeon at King Chulalongkorn Memorial Hospital and Chulalongkorn University in Thailand.

He is Thailand's first double board-certified surgeon in Facial Plastic and Reconstructive Surgery, with credentials from both the IBCFPRS and the Thai Board. A member of international organizations like EAFPS, AAFPRS, and AAO-HNS, Dr. Kowitwibool has trained globally, including observerships at UC Davis and the New York Head and Neck Institute. He is dedicated to advancing facial aesthetics and reconstructive care with expertise and compassion.



# DR. KRITSADA KOWITWIBOOL (THAILAND)



Dr. Somyos Kunachak, MD, DTM&H, is a facial plastic and reconstructive surgeon at the Division of Facial Plastic and Reconstructive Surgery, Department of Otolaryngology, Faculty of Medicine, Ramathibodi Hospital, Mahidol University, Bangkok, Thailand. He is board-certified in Facial Plastic & Reconstructive Surgery, Otolaryngology—Head & Neck Surgery, and Family Medicine, and is a Diplomate of the American Boards of Cosmetic Surgery and Anti-Aging & Regenerative Medicine. Dr. Kunachak serves as a consultant for the Facial Plastic & Reconstructive Surgery fellowship at Ramathibodi Hospital, sits on the Advisory Board of the ASEAN Academy of Cosmetic Surgery, and the Board of Directors of the International Academy

of Cosmetic Surgery. A former President of the Facial Plastic and Reconstructive Surgery Association of Thailand, he is an active member of leading professional societies including AAFPRS, AACS, ASLMS, the World Association of Anti-Aging Medicine, and related academies.

DR. SOMYOS KUNACHAK (THAILAND)

# **MAIN CONFERENCE - DAY 1 16 JANUARY 2026 (FRIDAY)**

Location: The Chatrium Grand Bangkok

SESSION 1: KEYNOTE Lecture: Pre conference keynote lecture (long version) for participants reading and preparation before conference.

Mike Nayak, Steve Cohen and Francisco Bravo.

TIME	TOPIC	SPEAKER
• 8.00AM - 8.30AM	REGISTRATION	
• 8.30AM - 9.15AM (45 mins)	<ul> <li>Precision in Practice. Mastering Deep Plane Face &amp; Neck Lift for Natural Results</li> <li>1.Concepts 2.Antomy 3. Description 4.Conceptual 5.Latest trends and hot topics- What's new</li> <li>6.Current challenges 7.My biggest mistakes and learnings. 8.My best ideas</li> </ul>	• Mike Nayak (United States) Keynote lecture: (short version) teaching notes
• 9.15AM - 10.15AM (60 mins)	<ul> <li>Expert-Led Facilitated Group Discussion         Attendees will be divided into groups of 8 to 10 with an appointed leader         1.Find a buddy and set your own outcomes 2.Share your best ideas / questions on your table         3.Table discussion 4. Consider the group questions 5.Table questions for the speaker</li> </ul>	• Mike Nayak (United States)
• 10.15AM - 10.45AM (30 mins)	• Tea Break	
• 10.45AM - 11.00AM (15 mins)	Industry Sponsor Lecture (Platinum)	

#### SESSION 2

TIME	TOPIC	SPEAKER
• 11.00AM - 11.15AM (15 mins)	"Key Points in Correcting the Aging Lower Eyelid Deformity: Preservation Lower Blepharoplasty with Midface Orbital Rim Anchoring"	• Francisco Bravo (Spain)
• 11.15AM - 11.30AM (15 mins)	<ul> <li>Tips for successful revision of unaesthetic high eyelid folds</li> </ul>	<ul><li>Kamol Wattanakrai (Thailand)</li></ul>
• 11.30AM - 11.45AM (15 mins)	A double eyelid procedure using the bead method	• Mia Shirakabe (Japan)
• 11.45AM - 12.00PM (15 mins)	Lower blepharoplasty patient with weak lid strength	• Lee Kim Siea (Malaysia)
• 12.00PM - 12.15PM (15 mins)	Asian short incision blepharosplasty	<ul> <li>Kritsada Kowitwibool (Thailand)</li> </ul>
• 12.15PM - 12.30PM (15 mins)	Blepharoplasty	<ul><li>Florencio Lucero (Philippines)</li></ul>
• 12.30PM - 12.45PM (15 mins)	• Lower eyelids rejuvenation. Talk about my SML technique for lipotransfer	• Kamol Wattanakrai (Thailand)
• 12.45PM - 1.00PM (15 mins)	Optimizing, fat graft retention	<ul> <li>Prof. Somyos Kunachak (Thailand)</li> </ul>
1.00PM - 1.15PM (15 mins)	Lower blepharoplasty: A volumetric approach	<ul><li>Mike Nayak (United States)</li></ul>
1.15PM - 2.15PM (60 mins)	• Lunch	

#### SESSION 3: STEVE COHEN Keynote lecture: short version teaching notes

TIME	TOPIC	SPEAKER
• 2.15PM - 3.00PM (45 mins)	• The Future Face: A visionary look into the evolution of Deep Plane and Neck Lift  1.Concepts 2.Anatomy 3.Description 4.Conceptual 5.Latest trends and hot topics – What's new  6.Current challenges 7.My biggest mistakes and learnings 8.My best ideas	• Steve Cohen (United States)
• 3.00PM - 4.00PM (60 mins)	<ul> <li>Expert-Led Facilitated Group Discussion         Attendees will be divided into groups of 8 to 10 with an appointed leader         1.Concepts 2.Anatomy 3.Description 4.Conceptual 5.Latest trends and hot topics – What's new         6.Current challenges 7.My biggest mistakes and learnings 8.My best ideas     </li> </ul>	• Steve Cohen (United States)
• 4.00PM - 4.30PM (30 mins)	• Tea Break	
• 4.30PM - 4.45PM (15mins)	Industry Sponsor Lecture (Platinum)	

#### SESSION 4

TIME	TOPIC	SPEAKER
• 4.45PM - 5.00PM (15 mins)	Browlift: my 2 favourite techniques, and 4 methods of suspension	• Mike Nayak (United States)
• 5.00PM - 5.15PM (15 mins)	Subbrow Lift	<ul><li>Mia Shirakabe</li><li>(Japan)</li></ul>
• 5.15PM - 5.30PM (15 mins)	Periorbital rejuvenation surgery	• Kidakorn Kiranantawat (Thailand)
• 5.30PM - 5.45PM (15 mins)	Forehead and brow lift	<ul> <li>Kidakorn Kiranantawat (Thailand)</li> </ul>
• 5.45PM - 6.00PM (15 mins)	Subbrow Lift	• Kamol Wattanakrai (Thailand)
• 6.00PM - 6.15PM (15 mins)	<ul> <li>Auto augmentation Upper Blepharoplasty: An Etiopathogenic Approach to Correcting the Aging Upper Eyelid</li> </ul>	• Francisco Bravo (Spain)
• 6.15PM - 6.30PM (15 mins)	Brow rejuvenation	• Steve Cohen (United States)

End of Day 1 FACE by FATS BANGKOK 2026

<sup>\*</sup>Topics and speakers contained in the program are subject to change. The Organizer reserve the right to make changes to the conference program without prior notice.

# **MAIN CONFERENCE - DAY 2 17 JANUARY 2026 (SATURDAY)**

Location: The Chatrium Grand Bangkok

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TIME	TOPIC	SPEAKER
• 8.30AM - 9.15AM (45 mins)	The Art of Deep Plane Face and Neck Lift 1.Concepts 2.Antomy 3. Description 4.Conceptual 5.Latest trends and hot topics- What's new 6.Current challenges 7.My biggest mistakes and learnings. 8.My best ideas	• Francisco Bravo (Spain) Keynote lecture: (short version) teaching notes
• 9.15AM - 10.15AM (60 mins)	<ul> <li>Expert-Led Facilitated Group Discussion         Attendees will be divided into groups of 8 to 10 with an appointed leader         1.Find a buddy and set your own outcomes 2.Share your best ideas / questions on your table         3.Table discussion 4. Consider the group questions 5.Table questions for the speaker     </li> </ul>	• Francisco Bravo (Spain)
• 10.15AM - 10.45AM (30 mins)	• Tea Break	
• 10.45AM - 11.00AM (15 mins)	• Industry Sponsor Lecture (Gold)	

## **SESSION 6**

TIME	TOPIC	SPEAKER
• 11.00AM - 11.15AM (15 mins)	The Chin: Surgical and Non- Surgical Approaches	• Steve Cohen (United States)
• 11.15AM - 11.30AM (15 mins)	Extended Deep Plane facelift	<ul><li>Mia Shirakabe (Japan)</li></ul>
• 11.30AM - 11.45AM (15 mins)	SMAS lift with triangular flap	• Mia Shirakabe (Japan)
• 11.45AM - 12.00PM (15 mins)	Lateral SMASectomy	• Mia Shirakabe (Japan)
• 12.00PM - 12.15PM (15 mins)	Fat graft with simple SMASectomy facelift - a safer approach	• Lee Kim Siea (Malaysia)
• 12.15PM - 12.30PM (15 mins)	Local anesthetic and sedation for face neck lift	• Lee Kim Siea (Malaysia)
• 12.30PM - 12.45PM (15 mins)	Deep Plane Facelift for Asians	• Florencio Lucero (Philippines)
• 12.45PM - 1.00PM (15 mins)	A safe way to remove buccal fat	<ul> <li>Prof. Somyos Kunachak (Thailand)</li> </ul>
• 1.00PM - 1.15PM (15 mins)	Neck lift: adjunctive techniques for special cases	<ul><li>Mike Nayak (United States)</li></ul>
• 1.15PM - 2.15PM (60 mins)	• Lunch	
2.15PM - 2.30PM (15 mins)	Industry Sponsor Lecture (Gold)	

## SESSION 7

TIME	TOPIC	SPEAKER
2.30PM - 2.45PM (15 mins)	Alar hanging correction	• Kritsada Kowitwibool (Thailand)
• 2.45PM - 3.00PM (15 mins)	Application of ADM for Asian rhinoplasty	• Kritsada Kowitwibool (Thailand)
• 3.00PM - 3.15PM (15 mins)	Asian Rhinoplasty using rib cartilage	• Kidakorn Kiranantawat (Thailand)
• 3.15PM - 3.30PM (15 mins)	APTOS Thread lift	<ul><li>Florencio Lucero (Philippines)</li></ul>
• 3.30PM - 3.45PM (15 mins)	• Fat in threads	• Lee Kim Siea (Malaysia)
• 3.45PM - 4.00PM (15 mins)	Tips for reducing patient complaints after face lift	Prof. Somyos Kunachak (Thailand)
• 4.00PM - 4.15PM (15 mins)	Regenerative Fat Grafting	• Steve Cohen (United States)
• 4.15PM - 4.30PM (15 mins)	New Concepts in Regen Medicine	• Steve Cohen (United States)
• 4.30PM - 4.45PM (15 mins)	Philtrum Accentuating Upper Lip Lift	<ul><li>Francisco Bravo (Spain)</li></ul>
• 4.45PM - 5.00PM (15 mins)	<ul> <li>Secondary Neck Lift: Managing the Unsuccessful Result After Facial Rejuvenation Surgery</li> </ul>	• Francisco Bravo (Spain)
• 5.00PM - 5.30PM (30 mins)	• Tea Break	

## **SESSION 8**

TIME	TOPIC	SPEAKER
• 5.30PM - 6.30PM (60 mins)	• Final Tips & Tricks	Steve Cohen Mike Nayak (United States) (United States) Francisco Bravo (Spain)
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#### End of Day 1 FACE by FATS BANGKOK 2026

<sup>\*</sup>Topics and speakers contained in the program are subject to change. The Organizer reserve the right to make changes to the conference program without prior notice.

# HANDS-ON CADAVER WORKSHOP - DAY 3 18 JANUARY 2026 (SUNDAY)

Location: Surgical Training Lab (Chunglalongkorn University)

#### **SESSION 1: Cadaver Demonstration**

1	TIME	TOPIC	SPEAKER
	9.00AM - 9.45AM (45 mins)	Deep plane face & neck lift. My surgical techniques	• Mike Nayak (United States)
	• 9.45AM - 10.00AM (15 mins)	• Q&A with Mike Nayak	
	• 10.00AM - 10.45AM (45 mins)	Deep plane face & neck lift. My surgical techniques	• Francisco Bravo (Spain)
	• 10.45AM - 11.00AM (15 mins)	Q&A with Francisco Bravo	
	• 11.00AM - 11.45AM (45 mins)	• Deep plane face & neck lift. Facial fat graft & Lip lift. My surgical techniques	• Steve Cohen (United States)
	11.45AM - 12.00AM (15 mins)	Q&A with Steve Cohen	
	• 12.00PM - 1.00PM (60 mins)	Lunch Break	

#### **SESSION 2: Cadaver Hands-On**

TIME	TOPIC	FACULTY
• 1.00PM - 4.00PM (180 mins)	<ul> <li>Procedures</li> <li>1. Browlift</li> <li>2. Mid face</li> <li>3. Neck Lift</li> <li>4. Fat graft</li> <li>5. Lip Lift</li> <li>***All faculty will walk around and supervise tables</li> <li>Closing, photo session and certificate presentation</li> </ul>	Mike Nayak (United States) Steve Cohen (United States) Francisco Bravo (Spain) Kamol Wattanakrai (Thailand) Mia Shirakabe (Japan) Lee Kim Siea (Malaysia) Kritsada Kowitwibool (Thailand) Florencio Lucero (Philippines)
	** For those who registered for the observation seat, kindly note that it will be live telecast from the cadaver lab to a lecture room outside ofthe cadaver lab.	<ul> <li>Kidakorn Kiranantawat (Thailand)</li> <li>Prof. Somyos Kunachak (Thailand)</li> </ul>

End of FACE by FATS BANGKOK 2026

Join us for an in-depth learning with world-reowned surgeons today. Register for FATS Bangkok 2026 by following the simple steps below:

face FATS	REGISTRA	ATION FE	E FATS
WORLD CONGRESS BANGKOK, THAILAND JANUARY 16 - 18, 2026 The Next Evolution In Facial Aesthetics	Early Bird Ticket 31 October 2025	Standard Ticket 1 Nov - 31 Dec 2025	Last Minute Ticket 1 - 16 Jan 2026
MAIN CONGRESS 16-17 Jan 2026	USD 900	USD 1,100	USD 1,300
MAIN CONGRESS & CADAVER WORKSHOP Observation Seat 16-17 Jan 2026 ** Live telecast from cadaver lab to lecture room	USD 1,800	USD 2,000	USD 2,200
MAIN CONGRESS & CADAVER WORKSHOP Hands-On 16-18 Jan 2026 ** Observe & Hands-on inside cadaver lab	USD 2,800	USD 3,000	USD 3,200

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STEP 1 Visit www.fats.my and click FATS Bangkok 2026 - Event Registration 2026

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# **FOR ENQUIRIES:**











JANUARY 16 - 18, 2026\_

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